

 **Class Meeting Location:** Clavey Paddlesports Store, 409 Petaluma Blvd. South, Petaluma CA

- Restrooms Available
- Potable Water Available

 **Meeting Time:** 10:30 AM. Please be prompt.

Clothing And Other Gear You Need To Bring

- Wear athletic clothing that wicks water, and dries quickly: **Nylon or quick dry shorts or pants, capilene shirt, and windbreaker.**
Do not wear cotton jeans, cotton cut-offs, or cotton shirts.
- Footwear: Low profile water shoes, or sandals with back straps.
- Hat with a bill for the sun.
- Sunscreen & Lip balm
- A change of dry clothes, towel, and dry shoes.
- Strap for your sunglasses and prescription glasses so you won't lose them in the water. Chums or Croakies work well.
- Water, Lunch, Snacks
- Signed Liability Release



Intro To Kayaking Class Schedule

The first part of the class will begin at the Clavey store site and will address a range of topics including:

- Different types of kayaks
- Paddles
- Clothing
- Safety gear

Lunch Break

After lunch we will meet at the boat house (at the Northbay Rowing Club, end of Second Street) for our on-the-water portion of the class. Here's what we cover:

- Entering and exiting a kayak
- Three important reasons for foot braces
- How to sit in a kayak for maximum control and power
- The body mechanics behind the strokes
- Proper technique for forward stroke, forward and reverse sweeps, and draw stroke
- How to keep your boat going straight
- Leaning the boat's hull - when, why, and how
- "Raft up"
- Quiet paddle, quiet boat

For questions or concerns please contact Clavey Paddlesports at 707-766-8070 or info@clavey.com.

Gratuities:

Our guides are highly qualified individuals that enjoy sharing paddle adventures with our guests. If you have particularly enjoyed a trip, please feel free to leave a tip with our guides.

Please Note Our Reservation Policy:

- If you find it necessary to change the date of your class or tour, a \$10.00 fee will be charged.
- Your space is not confirmed until we have received payment in full.
- We cannot make refunds for cancellations made within 2 weeks of the class/tour.
- If you must cancel within two weeks of your class/tour, we will apply your credit to another class.
- We will confirm your cancellation.

Sorry: No refunds or credits for no shows or late arrivals.

•You will be asked to sign an assumption of risk and liability release prior to participating in any class or tour. This is a requirement for our insurance carrier; participants may not join a class or tour without a signed form.

•We reserve the right to cancel or curtail a trip due to weather conditions or other conditions out of our control. In this case, we do our best to provide you with another suitable date, issue a credit or refund.

•Pre-registration is required for all classes/tours. We can take a reservation up to 4:00 PM the day before the class/tour. Unfortunately, we cannot accommodate reservations the morning of the class/tour. If you would like to make a reservation the day before the class/tour after 4pm please call us at 707-766-8070 to check if space is available.