# CLAVEY Paddlesports Sea Kayaking Skills I Pre-Class Details

- Meeting Location: Nick's Cove (Miller Park) Highway 1, Marshall, CA
- There is a Parking Fee
- Flush Toilets Are Available
- There is No Potable Water
- Meeting Time: 10:00 AM
- Look for our guides and vehicle with the "Clavey Paddlesports" sign.
- Contact us if you are unsure of the time for your tour, if you need driving directions, and with any other questions or concerns. Clavey Paddlesports: 707-766-8070 or <a href="mailto:info@clavey.com">info@clavey.com</a>

# Sit on Top Kayak Skills I Class Schedule

- Our course covers a dry land introduction to gear, including boats and clothing.
- After that component we'll prepare ourself for the water.
- We'll learn 5 essential strokes: forward, reverse, sweeps, stern rudder and various draw strokes.
- Next, we'll learn rescue techniques: paddle float and "T" style rescue. Time is given for practice after learning each skill.
- Also included is an introduction to tide-logs and wind/weather considerations.
- You will get wet. Dress accordingly. Please see lists below.

# **Gear Provided by Clavey Paddlesports**

- If you do not have your own kayak, we will provide one.
- Kayak Paddle
- Sprayskirt
- Life Jacket
- Farmer John wetsuit and paddle jacket available by reservation (no additional cost)
- Waterproof jackets.

### Clothing and Other Items You Need To Bring

- **Do not wear cotton clothing.** It does not keep you warm when wet.
- Hat with a brim and a warm hat.
- Footwear: Getting in and out of kayaks requires that your feet step in the water We recommend neoprene booties, water shoes, or sport sandals with wool socks.
- A change of dry clothes, towel, and dry shoes. You can store extra clothes, cameras or whatever in the kayaks or leave items behind while you're out kayaking.
- "If you bring a camera, bring a zip-lock baggy for protection."
- Strap for your sunglasses and prescription glasses so you won't lose them in the water. Chums or Croakies work well.
- Water, Lunch and Snacks
- Signed Liability Release

## **Gratuities:**

Our guides and instructors are highly qualified individuals that enjoy sharing paddle adventures with our guests. If you have particularly enjoyed a trip, please feel free to leave a tip with our guides and instructors. A typical amount would be 20% of your trip fare.

# **Reservation / Cancellation Policy**

- If you find it necessary to change the date of your trip or tour, a \$10.00 fee will be charged. Your space is not confirmed until we have received payment in full.
- Sorry, there are no refunds or credits for no shows, late arrivals or cancellations made within 2 weeks of the tour or class. If you cannot participate we encourage you to find a friend or family member to take your place and please advise us of this change.
- You will be asked to sign an assumption of risk and liability release prior to participating in any class or tour. This is a requirement for our insurance carrier; participants may not join a class or tour without a signed form.

- We reserve the right to cancel or curtail a trip due to weather conditions or other conditions out of our control. In this case, we do our best to provide you with another suitable date, issue a credit or refund.
- **Note**: Pre-registration is required for all classes/ tours. We can take a reservation up to 4:00 PM the day before the class/tour if space is available. Unfortunately, we usually cannot accommodate reservations the morning of the class/tour. If you would like to make a reservation the day before the class/tour after 4pm please call us at 707-766-8070 to check if space is available.